

Wenatchee Figure Skating Club Presents



APPLE ICE
CLASSIC

June 14, 15 & 16, 2019

Town Toyota Center
Wenatchee, WA

*ISU Judging System (IJS) to be used for
Preliminary thru Senior Singles Freeskating Events*

*All Compete USA Events, No Test through Pre-Preliminary Singles Freeskating, all Ice Dancing,
Pairs, Showcase, and Adult Single Events will use the 6.0 judging system*

SANCTIONED BY

U. S. FIGURE SKATING and SKATE CANADA



Entry Deadline: 11:59PM May 20, 2019

Find current information on the web at: http://www.wenatcheefsc.org/apple_ice_classic
Registration is ONLINE ONLY @ <http://comp.entryeeze.com/Home.aspx?cid=304>

2019 Apple Ice Classic

The Apple Ice Classic competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL: Eligibility for entries is governed by age and tests passed as of May 20, 2019. All skaters should be prepared to show proof of age. Skaters may compete at one level higher than the event for which he/she qualifies by test but may not enter more than one level in any one event except for solo dance.

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements: Skaters entering **Juvenile** free skate events (Well Balanced Program) must be under 13 (ladies) and under 14 (men) years of age at the close of entries. Skaters entering Open Juvenile free skate events must be 13 or over (ladies) and 14 or over (men) years of age at the close of entries. Skaters entering **Intermediate** free skate events (Well Balanced Program), pairs, couples dance, and showcase events must be under 18 years of age at the close of entries. Skaters entering **Pre-Juvenile** pairs and couples dance events must be under 14 years of age at the close of entries. Skaters entering **Juvenile** pairs and couples dance events must be under 16 years of age at close of entries. Adult event competitors must be age 21 or over at close of entries.

ENTRIES: The entry process will be by online entry only via Entryeze, <http://comp.entryeze.com/Home.aspx?cid=304>. Please see the official competition website at http://www.wenatcheefsc.org/apple_ice_classic to begin the entry process. **Deadline for entries is 11:59 PM, May 20, 2019.** Late entries will be accepted at the discretion of the referee and the LOC and will be subject to a \$30 late entry fee.

Showcase entries must indicate both their singles freeskating test level and their pattern dance test level to ensure placement in the correct showcase level in accordance with current US Figure Skating rules.

REFUND POLICY: In accordance with Rule 3047, entry fees will not be refunded after May 20, 2019 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available at http://www.wenatcheefsc.org/apple_ice_classic or at <http://comp.entryeze.com/Home.aspx?cid=304>. In any event with only one entry, the skater will be given the option of withdrawing from the event with entry fee refunded or skating as a single entry in accordance with Rule 3045A.

FEES: The entry fees are as follows:

Event/Level	First Event	Additional Events
Compete USA – all levels	\$45	\$25
Singles, including Showcase (all levels)		
No-Test through Pre-Preliminary	\$85	\$30
IJS Preliminary through Juvenile / Open Juvenile Freeskate	\$100	\$30
IJS Intermediate-Senior, Short or Free Skate	\$100 (Short or Free)	\$30 (may include Short or Free Skate)
Pairs		
Pre-Juvenile- Juvenile (freeskating)	\$100 per pair	\$60 per pair if additional event for both skaters
Intermediate -Senior, Short Program or Freeskating	\$150 per pair (Short or Free)	
Dance - Couples (pattern, short, or free dance)		
No-Test and Preliminary – Free Dance	\$100 per couple	\$60 per couple if additional event for both skaters
Pre-Juvenile – Novice Pattern/Free Dance	\$150 per couple	
Junior-Senior Short/Free Dance	\$150 per couple	

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<u>Event/Level</u>	<u>First Event</u>	<u>Additional Events</u>
Solo Dance – all levels Solo Pattern Dance (1 pattern dance)	\$75	\$40 when combined with any other event
Showcase Team Event Mini Production Ensemble or Production Ensemble Showcase Duet	\$100 per team plus \$10 per skater \$100/per duet team	N/A

A fee of \$30 will be charged for any checks returned for non-sufficient funds (NSF). Any outstanding fees must be paid at the time of check-in at the competition. Skaters will not be allowed to skate until all outstanding fees have been paid. Online processing fees are not included in the entry fee and will be charged separately at checkout. Entry fees are in U.S. Dollars.

FACILITIES: The ice surface in indoors, 85' X 200', with slightly rounded corners. The rink is The Town Toyota Center, 1300 Walla Walla Avenue. Wenatchee, WA 98801. <http://www.towntoyotacenter.com/>
There are dressing rooms available for skaters to use. No parents or coaches are allowed in the competitors dressing rooms. Mats and seating will be available outside of the credentialed access area for those skaters that need help with their skates. The arena viewing area is a comfortable temperature for viewers.

MUSIC:

All competitors shall upload their music into EntryEeze at the time of entry- entry will not be accepted without music upload. ALL competitors are to have at rink side a backup music **CDs only (NO CD-RWs, DVDs, or cell phones)** in MP3 format. All other formats will not play on the official music equipment. Every reasonable care will be taken, but the Wenatchee FSC or Town Toyota Center cannot be responsible for CDs left at the end of the competition. No music will be played during practice ice.

LIABILITY:

U.S. Figure Skating, Wenatchee Figure Skating Club, and Town Toyota Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM

IJS Events: The ISU Judging System (IJS) will be used for Preliminary – Senior level, Short Program and Freeskating events. **Skaters entering these events are required to submit a Planned Program Content (PPC) sheet for each IJS event entered. PPC sheets must be submitted online via EntryEeze no later than 11:59 p.m. Pacific Time, May 20, 2019. Late PPC sheets will be accepted in paper form (<http://www.usfsa.org/content/programcontentform.pdf>) with a \$30 late fee at registration before the skater can compete. No skater will be allowed to compete without the PPC form.**

6.0 Events: All other events will be judged using the 6.0 Judging System. The LOC reserves the right to use the 6.0 system for some events if IJS-qualified officials are unavailable.

REGISTRATION:

Online registration will end on May 20, 2019 at 11:59 PM. The official registration desk will be open one hour before the first event and run through the last event of the day. The registration table will be located in the concourse of the Town Toyota Center through the front door entrance. Please register promptly upon arrival.

PRACTICE ICE:

Practice Ice must be purchased at time of registration. The practice ice sessions will be \$20 per 30-minute session. Practice ice is initially limited to one session per entered event. After the schedule is determined, extra practice ice will be sold on a first-come first-serve basis. Skaters must check in with the ice monitor prior to taking the ice. No refunds will be given to those who do not attend their reserved practice ice. A \$5 change fee will be assessed for switching practice ice sessions at the registration desk. Practice ice will be available for Mini and Production Ensemble at a cost of \$10/per skater for a 15 minute session. **Mini and Production Ensemble Coaches only wanting a practice session need to contact the online Registrar to arrange.**

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ADMISSION:

No admission will be charged. All events are open to spectators.

PHOTOGRAPHY/VIDEOGRAPHY:

A professional video company, action still photographer, and awards photographer will be at the rink. Any other professional photography/videography is prohibited. ALL award winners are encouraged to pose for the group picture, even if you do not plan to purchase a picture. All other videotaping and photography is restricted to hand-held battery-operated equipment, without tripod, and is permissible only in the general viewing area. **Video recording or photography of any skater other than your own is strictly prohibited.** Please be courteous to those viewing the event. Solicitation by any photographer or agent of anyone to be the subject of still or video photography is not permitted. For safety reasons, **no flash photography is allowed during the event.**

AWARDS:

Awards for 1st through 4th for all events will be presented at the awards/photography area on the concourse immediately following the official posting of each event. Award photos will be taken. We ask that all award winners pose for the group pictures even if you do not plan to purchase a picture. ALL Compete USA competitor placement will receive an award.

OFFICIAL NOTICES:

An official bulletin board will be maintained near registration. It is the responsibility of each competitor, parent, and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing in a Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – **no exceptions**. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation, which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfsa.org/story?id=84159>

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ACCOMMODATIONS

Visit the Wenatchee Figure Skating Club website http://www.wenatcheefsc.org/apple_ice_classic for current information regarding accommodations.

CONTACT INFO:

If you have questions, please contact Local Organizing Committee Chair France Bédard, francebedard2@gmail.com

For further information regarding this announcement, please contact:

Competition Chair – France Bédard
francebedard2@gmail.com

Online Registrar/Practice Ice – Pam Dawson
phdawson@charter.net

Chief Referee – Michael Bauer
mikengineersk8@comcast.net

Chief Accountant – Anita Conrad
[nicetogs@hotmail.com](mailto:niceogs@hotmail.com)

Approximate US Figure Skating / ISI / Skate Canada Level Equivalence

In general, Pre-Juvenile and Juvenile freeskating events, and Intermediate through Novice short program and freeskating events will be judged in accordance with the time and content requirements and restrictions specified in the current US Figure Skating rulebook.

It is preferred that Canadian entrants in these events review the time and element content of their programs against the US Figure Skating time and content requirements and restrictions and adjust their programs as necessary to ensure full credit for elements completed. However, because of the many differences between the US Figure Skating and Skate Canada time and content requirements and restrictions for the 2020 season, Canadian entrants will be allowed to skate their programs as choreographed under Skate Canada rules, subject to the technical and judging evaluation conditions outlined below:

Pre Juvenile Freeskating

A spiral sequence will be accepted and evaluated as a Level Base step sequence.

The US Figure Skating time requirement of 2:00 ± 10-seconds will be enforced.

Juvenile Freeskating

All element content completed within the Canadian time requirement of 2:30 ± 10-seconds will be evaluated without time penalty.

A step sequence utilizing one-half the ice surface will be accepted and evaluated as a choreographic step sequence.

The US Figure Skating requirements for minimum spin revolutions in position will be enforced.

Intermediate Short Program

All element content completed within the Canadian time requirement of 2:20 ± 10-seconds will be evaluated without time penalty.

The US Figure Skating requirements for minimum spin revolutions in position will be enforced, except as noted below for Intermediate Men Short Program.

Intermediate Men Short Program

A change-foot sit spin of four revolutions minimum on each foot will be accepted as fulfilling the spin-in-one-position element.

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EVENT QUALIFICATIONS & SPECIFICATIONS

EVENT DEFINITIONS

GROUP SPLITS & SEEDING

Events with large numbers of entries may be split into multiple groups. Events will be split by age for all Compete USA events and No Test through Pre-Juvenile and Open Juvenile and Adult singles events, and by draw for Juvenile through Senior singles events. Open Juvenile and Juvenile events may be combined in the case of insufficient entrants.

QUALIFYING AND FINAL ROUNDS

No final rounds will be skated. In singles and pairs, the short and long program will be scored as separate events. In Couples Dance, the Compulsory (Pattern) Dances, Short Dance, and Free Dance will be scored as separate events. Skaters must skate U.S. Figure Skating elements for the Short Program as written for the 2019-2020 season in the current online U.S. Figure Skating Rulebook.

WELL BALANCED PROGRAM FREE SKATE EVENTS

All charts have been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that went into effect July 1, 2018, **For the 2019-2020 Season Requirements, please review the charts available here:**

<http://www.usfigureskating.org/story?id=84109>.

- A. Well Balanced Program Free Skate for *No-Test through Senior*.
- B. Well Balanced Program Free Skate for *Open Intermediate*. Rules and requirements for Open Intermediate are the same as Intermediate freeski. However, skaters must be age 18 or older **before** close of registration.

SINGLES SHORT PROGRAM EVENTS

All charts have been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that went into effect July 1, 2018. Please follow the links to the charts. The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. See the 2019-20 Singles Short Program Requirements: <http://www.usfigureskating.org/story?id=84109>.

- A. Intermediate/Open Intermediate short program – Rule 4230
- B. Novice short program – Rule 4220
- C. Junior short program – Rule 4210
- D. Senior short program – Rule 4200

PAIRS EVENTS

Pairs free skating events: All charts have been updated with changes from the U.S. Figure Skating Governing Council and ISU Congress that go into effect July 1, 2018. Please follow the links to the charts. Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. Pre-juvenile – senior. See 2019-20 Pairs Free Skate Requirements here:

<http://www.usfigureskating.org/story?id=84109>.

Pairs short program events: Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. See 2019-20 Pairs Short Program Requirements here: <http://www.usfigureskating.org/story?id=84109>.

- A. Intermediate short program – Rule 5230
- B. Novice short program – Rule 5220
- C. Junior short program – Rule 5210
- D. Senior short program – Rule 5200

ADULT SKATING EVENTS

In addition to the Adult Jumps and Spins challenges noted in the “Compulsory & Jumps” section above, the following adult events will be offered. All charts have been updated with changes from the U.S. Figure Skating Governing Council that go into

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effect July 1, 2018. For the 2019-20 Season Requirements, please review the charts available here:

<http://www.usfsa.org/story?id=84112>.

- A. Pre-Bronze - Gold Well Balanced Free Skate.
- B. Masters Intermediate – Senior Well Balance Free Skate.
- C. Pre-Bronze – Gold Showcase. –Follows the same requirements as standard track listed above
- D. Masters Intermediate – Senior Showcase. –Follows the same requirements as standard track listed above
- E. Adults Pairs

SHOWCASE

Showcase: Showcase events consist of two categories – Light Entertainment Showcase and Dramatic Showcase. Except as otherwise specified in this announcement, Light Entertainment showcase and Dramatic showcase events will be conducted in accordance with the Non-qualifying Showcase Competition Guidelines as published by US Figure Skating and posted under the National Showcase Program category on the US Figure Skating website:

<http://www.usfsa.org/shell?id=59260>

Placement Pre-Requisite to participate at National Showcase 2019, hosted by Wenatchee Figure Skating Club: Singles competitors, Preliminary through Senior, Adult Bronze through Adult Masters, may compete at National Showcase, if they placed first, second, third or fourth (1) in a contested nonqualifying showcase/theatrical/interpretive skating event held in the United States from the close of entries for National Showcase in the current skating year back to the close of entries for National Showcase in the preceding year; or (2) in the immediately preceding National Showcase. Lower levels are not eligible to compete in National Showcase. Competitors who have entered a competition subsequently cancelled for lack of other entries may substitute a testimonial letter from the chair or the registrar to get a bye to National Showcase.

Light Entertainment Showcase is defined as skating skills choreographed to express comic, casually entertaining, or serious dramatic themes. Props are not required but are allowed in accordance with the Non-qualifying Showcase Competition Guidelines cited above, including restrictions on type, set-up and removal.

Dramatic Showcase is defined as skating skills choreographed to emotionally express the skater's chosen theme. Props are not required but are allowed in accordance with the Non-qualifying Showcase Competition Guidelines cited above, including restrictions on type, set-up and removal.

Ladies and men will compete against one another in showcase events. Showcase events of different levels may be combined at the discretion of the Referee. Jumps are not restricted because technical difficulty is not evaluated. However, unintended falls, poorly executed skating elements and obvious loss of control will be detrimental to the evaluation of the performance. Music may be instrumental or vocal. The costume restrictions of Rule 4030 do not necessarily apply, provided that the Non-qualifying Showcase Competition Guidelines cited above are fully adhered to.

Showcase events will be judged in accordance with the Non-qualifying Showcase Competition Guidelines cited above. Each judge will award one mark to each skater for Program Components.

Production Ensemble: Production Ensemble events will be conducted in accordance with the Non-qualifying Showcase Competition Guidelines as published by US Figure Skating and posted under the National Showcase Program category on the US Figure Skating website: <http://www.usfsa.org/shell?id=59260>

ICE DANCING

Couples Dance: Pattern dance events may be conducted in flights, at the discretion of the Referee. All dance couples shall consist of a lady and a man. The pattern dance event at each level will consist of two pattern dances, and the pattern dance and free dance events at each level will be conducted as separate events. Dance couples may provide their own music for Pre Juvenile, Juvenile, Intermediate and Novice pattern dances in accordance with Rules 6251C, 6241(A)2, 6231(A)2, and 6221(A)2, respectively. Otherwise, pattern dance music will be as provided by the Dance Referee.

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No Test and Preliminary Free Dance: Neither partner may have passed the Juvenile Free Dance Test, nor have passed more than two Preliminary Dance Test pattern dances. For No Test Free Dance, neither partner may have passed a Moves in the Field test (MITF) above the Pre-Preliminary test level. For Preliminary Free Dance one or both partners may have passed a MITF test above the Pre-Preliminary test level. The free dance shall conform to Rule 6095, except that lifts are not allowed. This is an entry-level event with the intent of having the dance couple perform a creative dance program as defined by Rule 6095 in a variety of basic dance partner positions.

Levels	Initial Round Pattern Dance / Short Dance	Time Final Round Pattern Dance / Free Dance
No Test	N/A	1:30
Preliminary	N/A	1:30
Pre-Juvenile <i>Rule book 4440</i>	Rhythm Blues (3 patterns) Fiesta Tango (3 patterns)	2:00
Juvenile <i>Rule book 4430</i>	Hickory Hoedown (3 patterns) Ten Fox (3 patterns)	2:15
Intermediate <i>Rule book 4420</i>	American Waltz (2 patterns ISU) Foxtrot (4 patterns)	2:30
Novice <i>Rule book 4410</i>	Westminster Waltz (2 patterns) Kilian (6 patterns)	3:00
Junior <i>Rule book 4400</i>	Short Dance 2:50 (rhythm requirements as specified by ISU for 2019-20 Season)	3:30
Senior <i>Rule book 4300</i>	Short Dance 2:50 (rhythm requirements as specified by ISU for 2019-20 Season)	4:00

OLO DANCE (3 patterns unless otherwise specified):

The events are open to all qualified skaters, and entrants in these events. Men shall skate the Men's steps and ladies shall skate the ladies steps.

Preliminary	1. Dutch Waltz
Pre-Bronze	1. Fiesta Tango
Bronze	1. Willow Waltz
Pre-Silver	1. European Waltz (2 Patterns – ISU)
Silver	1. Rocker Foxtrot (4-patterns)
Pre-Gold	1. Starlight Waltz
Gold	1. Viennese Waltz

2019 Apple Ice Classic Compete USA Competition

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either Learn to Skate USA and those who are full members of U.S. Figure Skating. Members of other organizations are eligible to compete but must be registered with Learn to Skate USA or a member club. There will be no more than six competitors maximum in an event and all six should receive an award.

Eligibility and Test Requirements:

Eligibility will be based on skill level as of closing date of entries. All **Snowplow Sam** and **Basic 1-6** skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances.

For the **Pre-Free Skate, Free Skate 1-6, Excel, Well Balanced, and Adult levels** eligibility will be based only upon highest free skate test level passed. Moves in the Field test level will not determine skater's competitive level. Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee (LOC) discovers that a skater has been placed in a category that is below his/her class level, the chair and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors. It is an ethical violation for coaches to sandbag an event.

SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide (no variations), either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot

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Basic 4	1:10 max.	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counterclockwise • Forward crossovers, 4-6 consecutive, clockwise and counterclockwise • Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, maximum 4 revolutions
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, clockwise and counterclockwise • Forward outside three-turn, right and left • Advanced two-foot spin, minimum 4 revolutions • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, maximum 3 revolutions, optional entry and free leg position • T-stop, right or left

PRE-FREE SKATE – FREE SKATE 1-6 PROGRAM WITH MUSIC

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- **Bonus skills from the same level or below are allowed but will not be judged elements.**
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.
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Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max.	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • Basic one-foot upright spin, optional entry and free-foot position- minimum 3 revolutions • Mazurka • Waltz jump • <i>NOT ALLOWED -Waltz jump, side toe hop, waltz jump</i>
Free Skate 1	1:40 max.	<ul style="list-style-type: none"> • Forward stroking, 4-6 consecutive powerful strokes • One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions • Toe loop jump • Half flip jump • <i>NOT ALLOWED – Waltz jump/toe loop combination</i>
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis • Beginning back spin- maximum 2 revolutions • Half Lutz • Salchow jump • <i>NOT ALLOWED – Salchow/toe loop combination</i>
Free Skate 3	1:40 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, minimum 3 revolutions • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination • <i>NOT ALLOWED – Waltz/loop combination</i>

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Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin – minimum 3 revolutions • Half Loop jump (Euler) • Flip jump • <i>NOT ALLOWED – Waltz/half-loop/Salchow sequence</i>
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin – minimum 3 revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Creative step sequence using a variety of three turns, Mohawks and toe steps • Camel, sit spin combination - minimum of 4 revolutions total • Waltz jump/ half-loop (Euler)/Salchow jump combination • Beginning Axel jump

SHOWCASE EVENTS

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Costuming and make-up for showcase programs should enhance the feeling created by the performance, and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories, or anything else that may fall to the ice and be hazardous to the skaters are allowed. A 0.1 deduction will be taken. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for each ten seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org.

Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness. Dramatic programs should not be depressing. Even if the emotion is sadness, there should be an enlivened feeling given to the audience.
- Light entertainment: Programs should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.